

AOSA Digital Mentor Program

Technology & Equipment

Both parties of the mentorship must have appropriate facility with and access to digital technology, as outlined below. Use of other technologies is encouraged when appropriate.

The following list suggests possible ways to communicate:

1. Computer with high speed internet
2. Web camera or digital video camera
3. Smart phone
4. Video conferencing application (Zoom, Skype, Google Plus, Facetime, etc.)
5. YouTube – personal channel for posting videos
6. Chat software (iChat, etc.)
7. An email account with attachment capabilities

